

**Vörös szőlőmag felhasznált irodalom:**

(1) Grape phytochemicals and associated health benefits

Jun Yang 1, Yang-Yu Xiao

PMID: 24007424

(2) Phytochemical Constituents, Health Benefits, and Industrial Applications of Grape Seeds: A Mini-Review

Zheng Feei Ma 1, Hongxia Zhang 2

PMID: 28914789

(3) Grape Seeds Proanthocyanidins: An Overview of In Vivo Bioactivity in Animal Models

Celia Rodríguez-Pérez,<sup>1,2</sup> Belén García-Villanova,<sup>1</sup> Eduardo Guerra-Hernández,<sup>1</sup> and Vito Verardo<sup>1,2,\*</sup>

PMID: 31614852

(4) Cocoa and Grape Seed Byproducts as a Source of Antioxidant and Anti-Inflammatory Proanthocyanidins

María De La Luz Cádiz-Gurrea <sup>1,2</sup>, Isabel Borrás-Linares <sup>1,2</sup>, Jesús Lozano-Sánchez <sup>1,2</sup>, Jorge Joven <sup>3</sup>, Salvador Fernández-Arroyo <sup>4</sup>, Antonio Segura-Carretero <sup>1,2</sup>

PMID: 28208630

(5) Free radicals, antioxidants and functional foods: Impact on human health

V. Lobo, A. Patil, A. Phatak, and N. Chandra

PMID: 22228951

(6) Proanthocyanidin-rich grape seed extract reduces leg swelling in healthy women during prolonged sitting

Atsushi Sano 1, Shoichi Tokutake, Akihiko Seo

PMID: 22752876

(7) Major Flavonoids in Grape Seeds and Skins: Antioxidant Capacity of Catechin, Epicatechin, and Gallic Acid

Yusuf Yilmaz and Romeo T. Toledo

<https://doi.org/10.1021/jf030117h>

(8) Flavonoid-Based Therapies in the Early Management of Neurodegenerative Diseases<sup>1,2</sup>

Isha Solanki, Priyanka Parihar, Mohammad Lukman Mansuri, and Mordhwaj S Parihar\*

PMID: 25593144

(9) Gallic acid is the major component of grape seed extract that inhibits amyloid fibril formation

Yanqin Liu 1, Tara L Pukala, Ian F Musgrave, Danielle M Williams, Francis C Dehle, John A Carver

PMID: 24157371

(10) The presence of melatonin in grapevine (*Vitis vinifera L.*) berry tissues

Sara Vitalini 1, Claudio Gardana, Alessandro Zanzotto, Paolo Simonetti, Franco Faoro, Gelsomina Fico, Marcello Iriti

PMID: 21615489

(11) Melatonin: Pharmacology, Functions and Therapeutic Benefits

Sylvie Tordjman,<sup>1,2,\*</sup> Sylvie Chokron,<sup>2</sup> Richard Delorme,<sup>3</sup> Annaëlle Charrier,<sup>1</sup> Eric Bellissant,<sup>4,5</sup> Nemat Jaafari,<sup>6,7</sup> and Claire Fougerou<sup>4,5</sup>

PMID: 28503116

(12) Combination chemoprevention with grape antioxidants

Chandra K Singh 1, Imtiaz A Siddiqui 1, Sabah El-Abd 1, Hasan Mukhtar 1, Nihal Ahmad 1

PMID: 26829056